



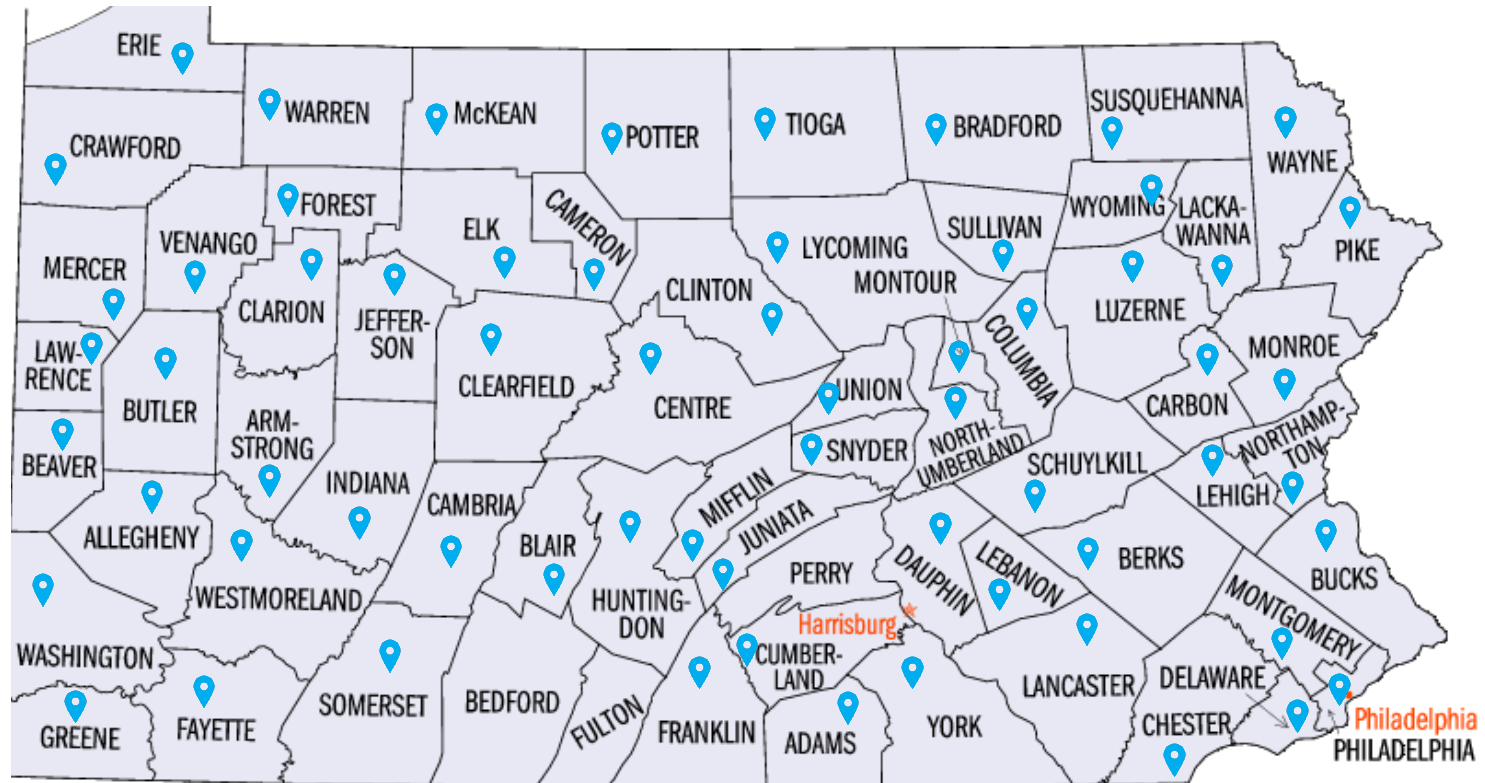
Pennsylvania


G e r a l d W . V a s s a r

PA Trainings by the Numbers

July 1, 2019 – June 30, 2020

- 362 workshops to 15,725 participants
- 77 courses to 1,048 participants
- 7 Trauma Summits
- 327 Certified Trauma-Competent Professionals



 Counties where Lakeside has provided training

Trauma-Responsive Training

- Trauma 101 / 102 / 103 / 105 / 106 – 2 hours each
- Trauma 107 / 108 – 4 hours each
- Enhancing Trauma Awareness – 6 sessions (2.5 hours each)
- Deepening Trauma Awareness – 12 sessions (2.5 hours each)
- Applying Trauma Principles – 12 sessions (2.5 hours each)
- Advanced Trauma Training – custom sessions
- Neurologic for School/Classroom Specific Training – 1 day plus follow-up coaching sessions
- PRESENCE – Organizational Certification – 4 modules

Continuum of Sophistication

	Trauma-Aware	Trauma-Informed	Trauma-Sensitive	Trauma-Competent
Training Time Needed (approximate)	2-4 hours	12-15 hours <i>(Six 2.5 hour sessions with outside reading)</i>	40-50 hours <i>(Additional twelve 2.5 hour sessions with outside reading)</i>	120+ hours <i>(Additional twelve 2.5 hour sessions with outside reading and practicum work)</i>
General overall trauma knowledge	Basic awareness	Gained more sophisticated information	Becoming more sensitive	Ever-growing knowledge and skill base
Degrees of appreciation for current models	Introduction to the concept that there are several models	Enhanced awareness and understanding of specific approaches	Increased awareness and understanding of somatosensory approaches	Greater awareness and understanding of somatosensory approaches and related skills



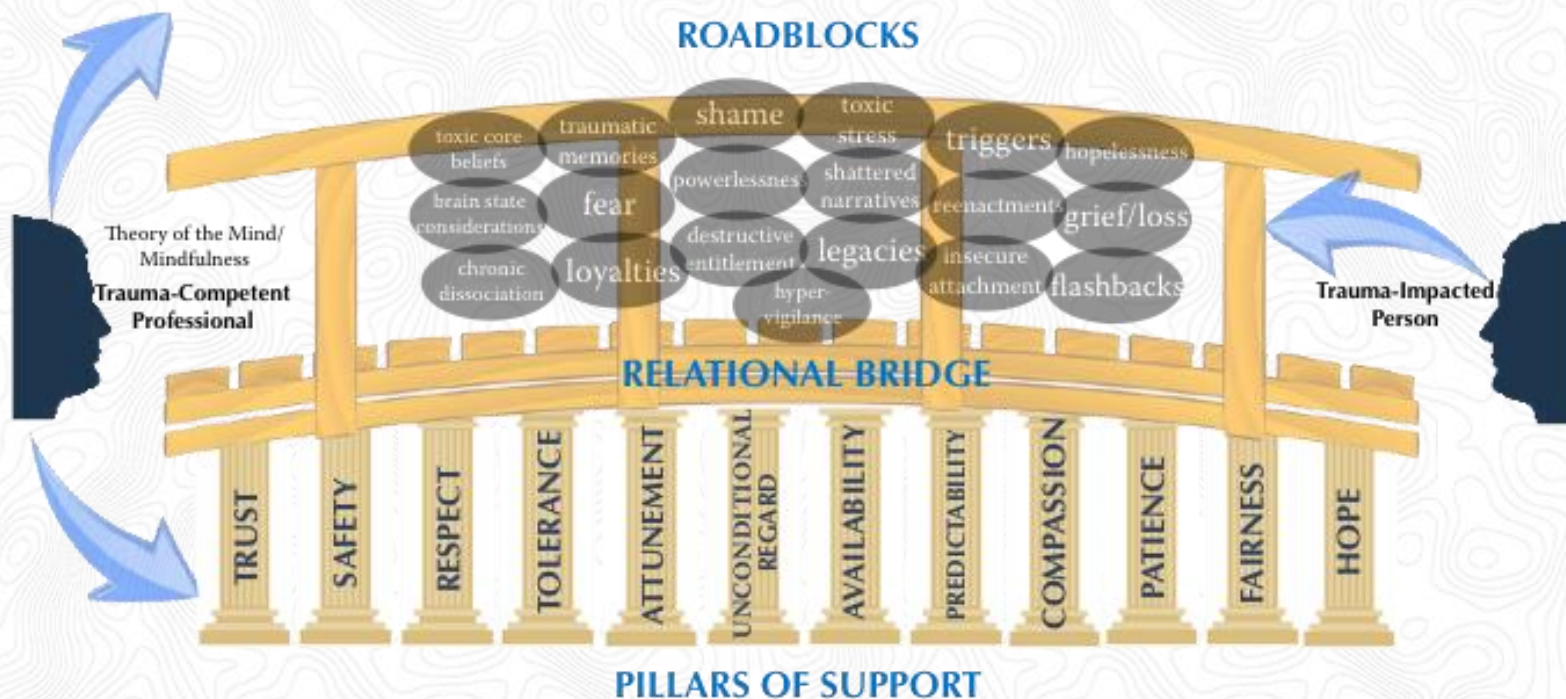
LGI BRIDGE OF INTEGRATION

OVER-ARCHING POWER OF LOVE

CONNECTORS

PART Responsibilities • Trauma-Based ACEing • Trauma Needs Continuum • Action Plans
Trauma-Sensitive Listening • Trauma-Sensitive Affirming • Trauma-Sensitive Teaching
Trauma-Sensitive Exploring • Rothchild's Flashback Protocol • Peter Levine's First Aid Response

ROADBLOCKS



Training Values

- Safety
- *Process-oriented*
- Respect
- *Congruency*
- Research-based information

Training Standards

- All sessions are co-facilitated.
- *All trainers have been trained in trauma information, group dynamics and emotionally healthy leadership principles.*
- All trainers have been mentored and apprenticed with another mentor trainer.
- *Lakeside trainers all participate in on-going assessment, evaluation and professional development for their own growth.*
- Lakeside has 30 active trainers.

Training Model

- Inclusive curriculum content from disciplines of neuroscience, trauma, therapy, systems theory, psycho-educational process, adult learning theory, child development, healthy parenting
- Intentional design for each session
- Emphasis on applying principles of transfer of training
- Individual sensitivity to varied needs of each group member
- Regular review of group and individual feedback for course improvement or development

Training Delivery Options

- Live training with two trainers traveling to your site
- Broadcast training with two trainers via internet
- Hybrid training with two trainers – some live and some broadcast
- Live via web-based platform
- *Classes limited to 15 participants (except for Trauma workshops and Neurologic)*
- *Lakeside provides complete technical support and equipment recommendations for broadcast training.*
- *Available on Demand – Neurologic, Neurologic Coaching and Enhancing Trauma Awareness, TE1501: Essentials of Trauma – The Opioid Crisis*