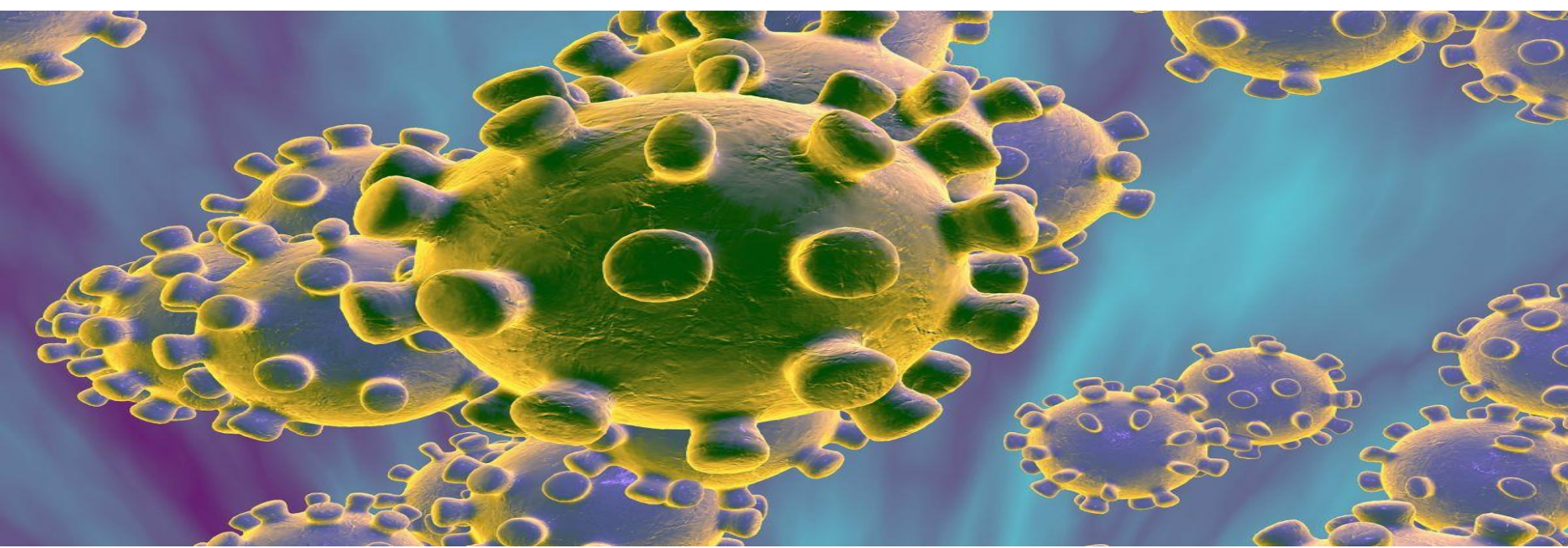


COVID-19 – Is it a Public Health Crisis? Of Course



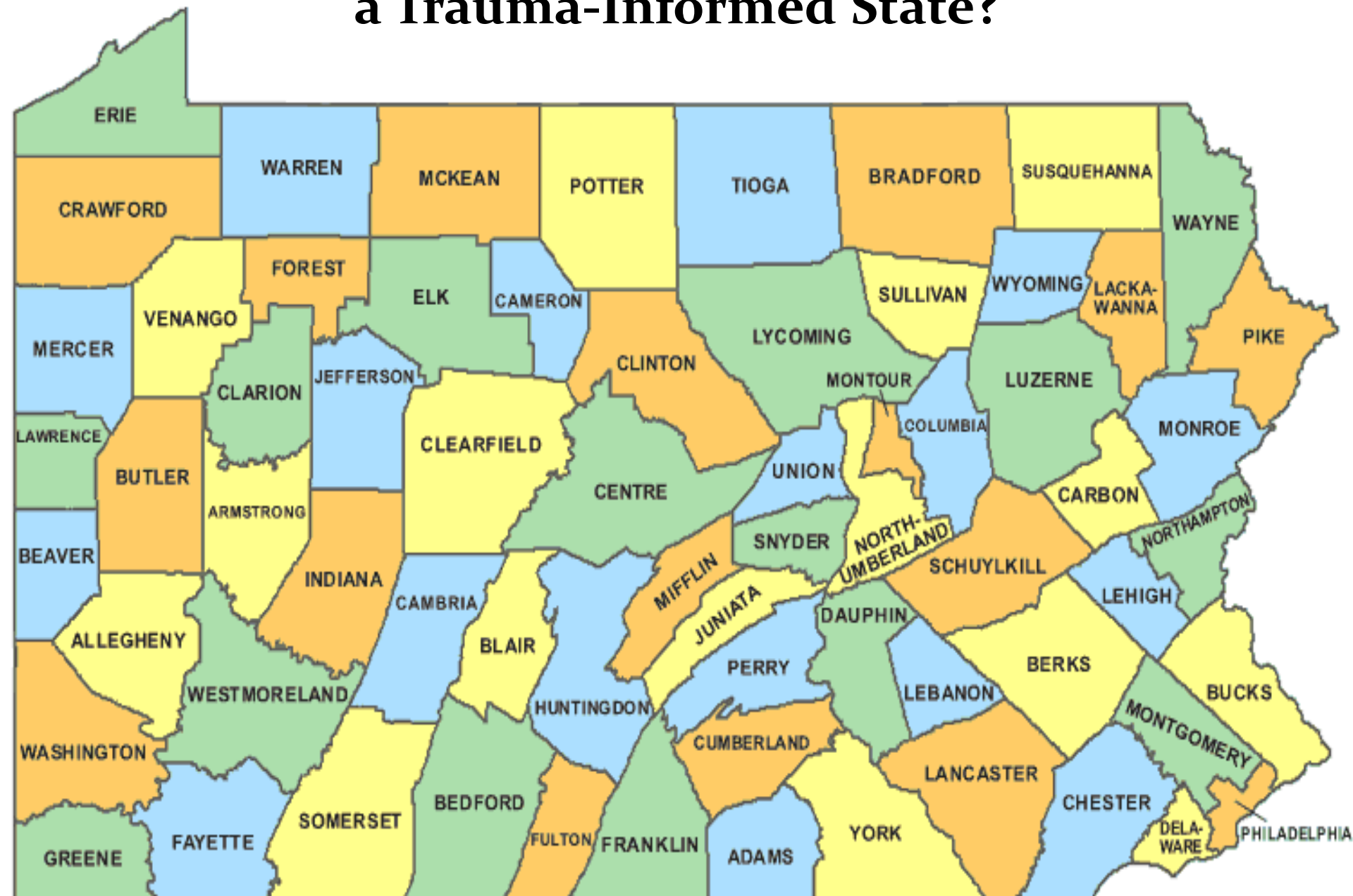
Trauma – Is it a Public Health Crisis? Of Course

One Similarity: It can be as devastating as COVID-19

Two Differences:

- (1) It has been here forever**
- (2) No one recovers with a vaccine**

Why Should Pennsylvania Be a Trauma-Informed State?





2017 Pennsylvania Youth Survey

During the Past 12 Months:

- **38.1%** of all students felt:
depressed or sad most days.
 - **24.8%** of all students sometimes thought:
life is not worth it.
 - **14.0%** of all students indicated:
harming themselves.
 - **16.5%** of students:
considered suicide.
 - **13.4%** of students had at least once gone so far as to
create a suicide plan.
-



SAFE TO SAY SOMETHING

TIP TOTALS 01/14/19 - 06/30/19

Event Types Total

Bullying / Cyber Bullying	3,558
Cutting / Self-Harm	2,529
Suicide / Suicide Ideation	2,184
Depression / Anxiety	2,121
Drug Use / Distribution / Possession	1,921
Smoking (Tobacco, E-Cig, Vape) in School	1,448
Inappropriate Language/Behavior/Gesture	949
Threat Against School	607
General Harassment	574
Threat Against Person	523

TRAUMA



**Disease
(COVID-19)**

**Mental
Illness**

**Drug & Alcohol
Abuse/
Addiction**

**Self-Harm &
Suicidality**

**Bullying &
Cyberbullying**

**Nutrition &
Obesity**

Racism

Gun Violence

**Juvenile Crime
Adult Crime**

**Prison, Release,
Unemployment, Reincarceration,
Mass Incarceration**

Our Children are Showing Us How



- ❖ York County Youth Alliance on Mental Health hold town hall.
- ❖ Lycoming County Youth Development Task Force (pictured)

Commonwealth of Pennsylvania: A Trauma-Informed State

- July 31, 2019 – Governor Wolf by executive order announces the creation of the Office of Advocacy & Reform (OAR) to establish Pennsylvania as a trauma-informed state to better respond to the needs of people who have had adverse childhood or other serious, traumatic experiences.
- December, 2019, Dan Jurman was named Executive Director of the OAR and directed to establish a Think Tank that included 25 members from 10 fields of study.
- July 2020, Governor Wolf and OAR issues a plan to make Pennsylvania a Trauma-Informed, Healing-Centered State.

VISION

Pennsylvania is a state where prevention is the norm.

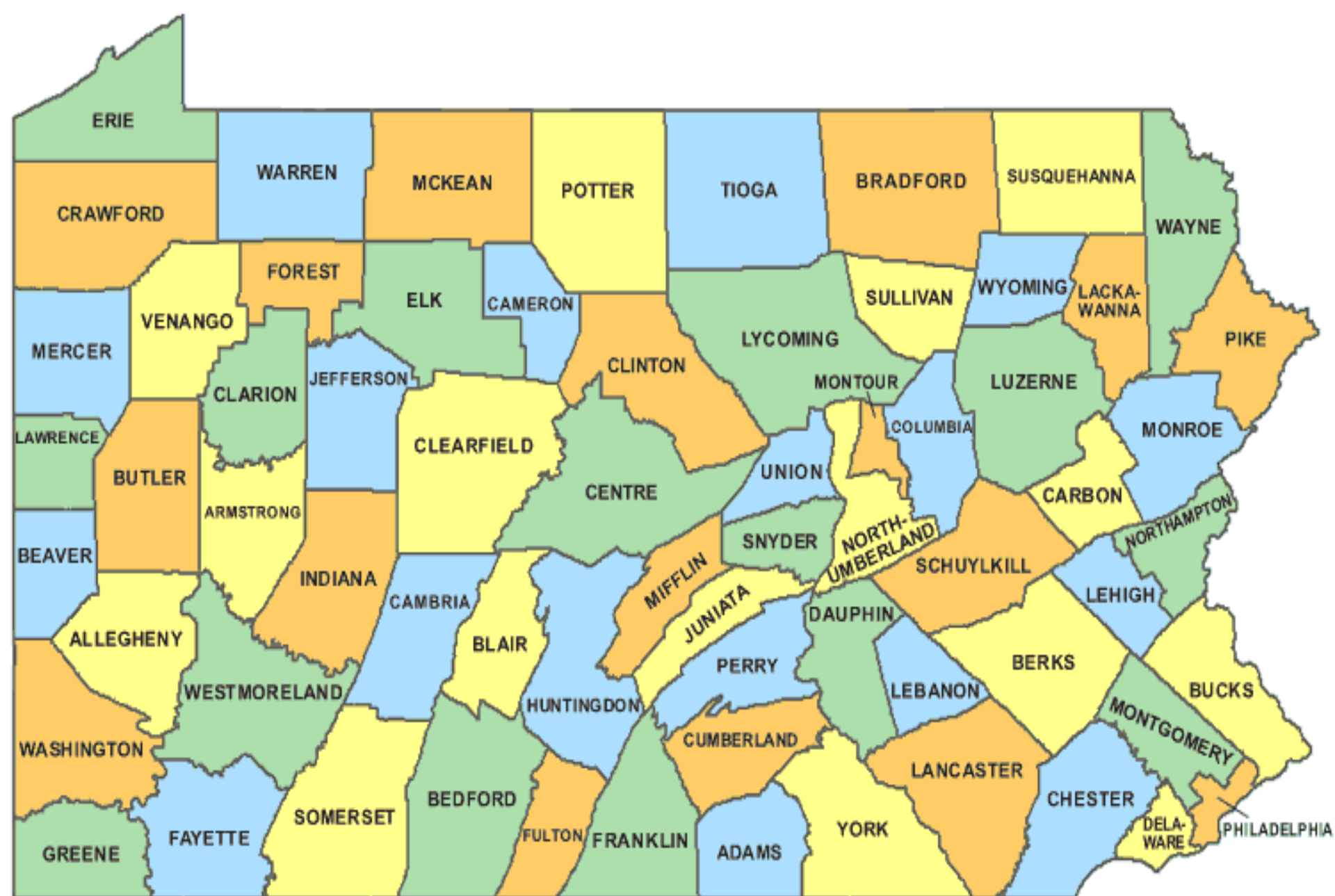
When people do experience emotional and psychological trauma, they feel respected, safe, empowered, and supported to recover and heal.

Trauma-Informed State

A Trauma-Informed State recognizes that some outcomes that have been seen as negative are symptoms of underlying and unhealed trauma and transforms its policies and internal systems, as well as assists all external public and private organizations across the state, to recognize, understand, and address the effects of trauma on the lives of individuals, families, and communities. It promotes transdisciplinary collaboration across both public and private sectors to establish trauma-informed approaches as the norm in an effort to minimize trauma and help people who have experienced trauma access resilience building supports and services to improve the physical, social, and emotional health and wellness of all Pennsylvanians. It brings together representatives from all systems serving the public including, but not limited to, education, health, human services, criminal justice, law enforcement, community development, workforce development, and others to provide education and resources to understand, treat, and heal individuals and communities impacted by trauma. It is inclusive, ensuring individuals who are served by those systems have a voice in the development and delivery of the resources that affect them.

CORE PRINCIPLES FOR ACTION & PLANNING

- DATA DRIVEN/ SCIENCE BASED
- PERSON CENTERED
- EVIDENCE-INFORMED
- OPEN COMMUNICATION
- ACCOUNTABILITY



Pennsylvania Trauma-Informed Network

The Counties

County Trauma-Informed Coalitions	6 Coalitions Coming Together Soon	40 Counties in Process
Crawford Delaware Erie Lancaster Lehigh/ Northampton Montgomery: (Pottstown) Philadelphia South-Central: Cumberland Franklin Perry	2 Individual Counties 4 Sister Counties	

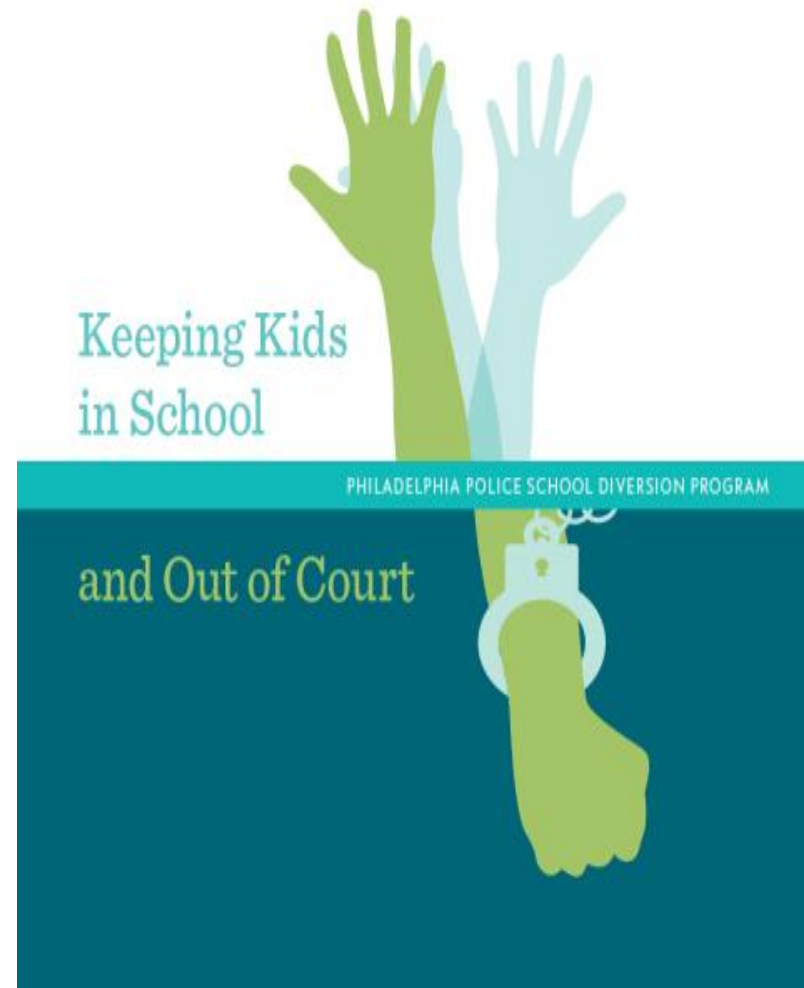
Handle With Care

Handle with Care provides school leadership with a “heads up” when a child has been identified at the scene of a traumatic event involving law enforcement.



Keeping kids in school and out of court:

Philadelphia's Police school diversion program



NO MORE SILOS



**HEALTH
CARE**

EDUCATION

GOVERNMENT

**CRIMINAL
JUSTICE**

Pennsylvania Trauma-Informed Network

