



## ACEs in Pennsylvania

Adverse Childhood Experiences (ACEs) describe 10 categories of adversities in 3 areas: Abuse, Neglect, and Household Challenges.

Half of all Pennsylvanians have experienced one ACE. 19% have experienced 3 or more ACEs.

ACEs are strongly associated with some of the most common and serious health conditions facing our society today.

Learn more about Resilient PA or join our coalition:

- Visit [bit.ly/PAResilient](http://bit.ly/PAResilient)
- Call 717-238-7365 x206
- Email [amanda@uwp.org](mailto:amanda@uwp.org)



## Fostering Resilience in Pennsylvania

Adverse Childhood Experiences (ACEs) are some of the most intense sources of stress that children can be exposed to, including child maltreatment, interparental violence, and parental substance use. ACEs have been linked to higher risks of health-harming behaviors, including smoking, harmful alcohol consumption, and drug use. ACEs are estimated to cost over \$700 billion per year in the United States.

Resilient PA exists to raise awareness on the impact of trauma: childhood trauma (ACEs), trauma as experienced by different cultural, racial, and ethnic groups, and benefits of adopting trauma-informed and resiliency-building strategies to address critical social challenges at both the community and state level.



United Way  
of Pennsylvania